



## BOOKLIST

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### ADVANCED PRACTITIONER OF CLINICAL NUTRITION

#### Compulsory Textbooks

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**NOTE: If a subject from your course program is not listed in this document, then there is no compulsory textbook for the subject**

**Some suggested sources for all textbooks unless otherwise stated:**

- Try your local bookshop – they may be able to order books in for you
- **The Nile:** <https://www.thenile.com.au/>
- **Booktopia:** <https://www.booktopia.com.au/>
- **Amazon AU:** <https://www.amazon.com.au/>

#### **BODY CHEMISTRY A & B**

Tortora, G. J., & Derrickson, B. H. (2019). *Principles of Anatomy and Physiology* (2<sup>nd</sup> or 3<sup>rd</sup> Asia-Pacific ed.). Wiley.

**Also available via:**

**Wiley Direct** (Publisher web-shop): <https://www.wileydirect.com.au/>

### **BUILDING YOYR SUCCESSFUL PRACTICE**

Weir, M. (2016). *Law and ethics in complementary medicine* (5th ed or later). A&U Academic.

#### **And**

Medhurst, R. (2016). *The business of healing: a guide to practice establishment and practice management for non-medical healthcare professionals* (4<sup>th</sup> ed). Self-published, SA, Australia.

**Medhurst's *The Business of Healing* available directly via the author:**

<http://www.adelaidehillsnaturopath.com.au>

### **CLINICAL CASE STUDIES A&B**

#### **AND**

### **NATUROPATHIC DIAGNOSIS**

Weatherby D, Ferguson S. c2002 (or reprints). *Blood chemistry and CBC analysis; clinical laboratory testing from a functional perspective*. Bear Mountain Publishing, USA.

### **FOOD AS MEDICINE**

*Foods that harm foods that heal: What to eat to beat disease and live longer*, c2018 or later, revised edition. Reader's Digest Australia Pty Ltd, Sydney.

### **FOUNDATIONS OF NUTRITION A & B**

Whitney, E. et al. (2019). *Understanding nutrition* (4th Australian and NZ ed. or later). Cengage Learning, Australia.

**Also available from the publisher's website – Cengage:** <https://au.cengage.com/>

### **NUTRITIONAL THERAPEUTICS A & B**

Pizzorno, J.E. et al. (2015). *The clinician's handbook of natural medicine*, (3rd ed). Elsevier.

**Also available via Elsevier** (Publishers website): <https://shop.elsevier.com/>

### **PHARMACOLOGY**

Bryant, B., et al (2018). *Pharmacology for Health Professionals*, (5th ed or later). Mosby, Sydney.

**Also available via Elsevier** (Publishers website): <https://shop.elsevier.com/>

**PRINCIPLES OF MICRONUTRIENTS A & B**

Higdon, J. (2011). *An evidence-based approach to vitamins and minerals* (2nd ed). Thiems, Germany.

**OR**

Information can also be found via Linus Pauling Institute Micronutrient Information Centre: <https://lpi.oregonstate.edu/mic>

**SYMPTOMATOLOGY, DIAGNOSIS & PATHOLOGY A, B & C**

Norris, T. (2019). *Porth's pathophysiology: concepts of altered health states*, (10th ed. or later). Lippincott Williams and Wilkins, Philadelphia.

**Also available via Wolters Kluwer** (Publisher web-shop): <https://shop.lww.com/>